

The 2024 PSPS Annual Meeting: AI Access and Implementation



PACIFIC SPINE X PAIN SOCIETY

October 2-5, 2024

Pendry Hotel

Newport Beach, CA

Dear PSPS 2024 Participants,

Welcome to Newport Beach, CA at the beautiful Pendry Hotel, site of our 5th Annual PSPS Meeting.

We couldn't help but join in on the buzz of AI, but with a twist. Rather than artificial intelligence, which will become a greater part of our lives with time, we wanted to focus on our patients, with Access and Implementation. With burgeoning interventional spine procedures being used by pain physicians and spine surgeons, many referrers and insurers don't have awareness or provide access to novel evidence-based and minimally-invasive therapies. PSPS has been instrumental in increasing awareness of these therapies to the public and is aiming to be a part of the process that allow physicians to do these procedures.

While it is hard to top our 4th Annual Meeting in Hawaii, we hope this meeting provides great opportunities to network with old colleagues, meet new ones, and appreciate how the spine and pain space is progressing. Our future for healthcare and our patients is clearly contingent upon working together, and we are proud to be the leading society in that endeavor.

We would like to extend our sincere gratitude to our sponsors, partners, and volunteers who have worked tirelessly to make this event possible. We would also like to thank each of you for your contributions to this community, and we look forward to seeing the advancements and breakthroughs you will bring to the field.

Once again, welcome to Orange County, and we hope you enjoy this amazing experience with us.

The PSPS Annual Conference Planning Committee

The 2024 PSPS Annual Meeting: AI Access and Implementation



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Wednesday, October 2, 2024			
Time	Location	Topic	Faculty
6:00P	Grand I & II	Set up for Lab at Pendry <i>*not part of the CME program, no CME credit available</i>	
6:00-8:00P	Gallery	Exhibitor Set-up and Early Registration <i>*not part of the CME program, no CME credit available</i>	

Thursday, October 3, 2024			
Time	Location	Topic	Faculty
7:15-7:50A	Grand III & IV	Breakfast Sponsored by Platinum Sponsor Boston Scientific <i>*not part of the CME program, no CME credit available</i>	
7:50-8:00A	Grand III & IV	Welcome and Introduction to Different Tracks	Steven Falowski, MD
8:00-10:00A	Gallery	Additional Exhibitor Set Up Time <i>*not part of the CME program, no CME credit available</i>	
8:00A-12:00P	Industry Led Corporate Training Lab, Product Showcase with Engineers and APP Course Agendas Below!		
12:00-1:00P	Grand III & IV	Lunch Sponsored by Silver Sponsor Mainstay Medical <i>Restorative Neurostimulation: Linking the Basic Science to the Clinical Outcomes</i> <i>David Lee, MD & Patrick Buchanan, MD</i> <i>*not part of the CME program, no CME credit available</i>	
1:00-5:00P	Industry Led Corporate Training Lab, Business in Pain Medicine Breakout Session and APP Course Agendas Below!		
5:00-5:30P	Salon I Terrace	APP Reception Sponsored by Bonze Vertos Medical <i>*not part of the CME program, no CME credit available</i>	
5:30-6:30P	Event Lawn	Welcome Reception - Get "LIT" <i>*not part of the CME program, no CME credit available</i>	Hosted by PSPS Leadership Immersion Track (LIT) and LIT Course Director: David W. Lee, MD

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Thursday, October 3, 2024

Industry Led Certification Courses

Lab Advisors: Jason Pope, MD, Steven Falowski, MD

Lab Co-Chairs: Vafi Salmasi, MD, Samir J. Sheth, MD, David Lee, MD, Drew Trainor, DO, Jennifer Lee, MD, Chau Vu, MD, Bryan Hoelzer, MD, Michael J. Dorsi, MD

**not part of the CME program, no CME credit available*

8:00A-12:00P	Grand I&II	<ul style="list-style-type: none">• Vertos mild (Invitation Only) Faculty: Samir Sheth, MD, and Vishal Khemlani, MD• Abbott DRG Faculty: Denis G. Patterson, DO, and David Lee, MD	Separate Registration is Required, Industry Partner to Confirm all Participants Attendees Must Pre-Register for One Station Only
12:00-1:00P	Grand III & IV	<p>Lunch Sponsored by Silver Sponsor Mainstay Medical</p> <p>Restorative Neurostimulation: Linking the Basic Science to the Clinical Outcomes</p> <p>David Lee, MD & Patrick Buchanan, MD</p> <p><i>*not part of the CME program, no CME credit available</i></p>	
1:00-5:00P	Grand I&II	<ul style="list-style-type: none">• Mainstay ReActiv8 Faculty: David Lee, MD, and Michael Y. Oh, MD• Boston Scientific Intracept Faculty: Ramo Naidu, MD• SPR Therapeutics Sprint Peripheral Nerve Stim Faculty: Samir Sheth, MD, and Einar Ottestad, MD, CIPS, FIPP• SI Bone SI Joint Fusion Faculty: Jacqueline Weisbein, DO, and Ali Nairizi, MD	Separate Registration is Required, Industry Partner to Confirm all Participants Attendees Must Pre-Register for One Station Only
5:30-6:30P	Event Lawn	<p>Welcome Reception - Get "LIT"</p> <p><i>*not part of the CME program, no CME credit available</i></p>	Hosted by PSPS Leadership Immersion Track (LIT) and LIT Course Director: David W. Lee, MD

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Product Showcase with Engineers

Moderated by Bryan Hoelzer, MD, and Chau Vu, MD

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8:00-8:05A	Grand III & IV	Introduction: Review of Format and Rules of Engagement	Chau Vu, MD, Bryan Hoelzer, MD
8:05-8:55A	Grand III & IV	<p>Neuromodulation Series:</p> <ul style="list-style-type: none">• 8:05-8:15A Boston Scientific - Presented by Tianhe Zhang, PhD• 8:15-8:25A Saluda Medical - Presented by Dave Mugan• 8:25-8:35A Nevro Corp - Presented by Kerry Bradley• 8:35-8:45A Abbott - Presented by Allen Burton, MD	
8:45-9:15A	Grand III & IV	Moderated Q&A with Engineers	Chau Vu, MD, Bryan Hoelzer, MD
9:15-9:35A	Grand III & IV	<p>Spinal Stenosis Series:</p> <ul style="list-style-type: none">• 9:15-9:25A Vertiflex - Presented by Tony Silveus, DC, MBA• 9:25-9:35A Aurora Spine	
9:35-9:50A	Grand III & IV	Moderated Q&A with Engineers	Chau Vu, MD, Bryan Hoelzer, MD

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9:50-10:50A:	Grand III & IV	<p>SI Joint Series:</p> <ul style="list-style-type: none"> 9:50-10:00A SI-BONE - Presented by Robyn Capobianco, PhD 10:00-10:10A Nevro Corp - Presented by Kerry Bradley 10:10-10:20A Spinal Simplicity - Presented by Adam Rogers 10:20-10:30A Tenon Medical - Presented by Robert DeSantis 10:30-10:40A Aurora Spine 10:40-10:50A PaintEQ 	
10:50-11:20A	Grand III & IV	Moderated Q&A with Engineers	Chau Vu, MD, Bryan Hoelzer, MD
11:20-11:30A	Grand III & IV	Closing Remarks	Chau Vu, MD, Bryan Hoelzer, MD
11:30A-12:00P	Gallery	<p>Break with Exhibits and Company Engineers</p> <p><i>*not part of the CME program, no CME credit available</i></p>	
12:00-1:00P	Grand III & IV	<p>Lunch Sponsored by Silver Sponsor Mainstay Medical</p> <p><i>Restorative Neurostimulation: Linking the Basic Science to the Clinical Outcomes</i></p> <p><i>David Lee, MD & Patrick Buchanan, MD</i></p> <p><i>*not part of the CME program, no CME credit available</i></p>	
5:30-6:30P	Event Lawn	<p>Welcome Reception - Get “LIT”</p> <p><i>*not part of the CME program, no CME credit available</i></p>	<p>Hosted by PSPS Leadership</p> <p>Immersion Track (LIT) and LIT Course Director: David W. Lee, MD</p>

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Business in Pain Medicine Breakout Session

Course Director Paul Lynch, MD

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2:00-5:00P	Grand III & IV	<p>2:00-2:45P Growing Your Practice</p> <p>Discuss best practices for growing your business, from a volume and revenue perspective, through the use of marketing and negotiating contracts with payers and vendors.</p> <p>2:45-3:30P Building Clinical Protocols to Last</p> <p>Discuss how to create clinical protocols that promote optimal patient outcomes and can demonstrate cost saving measures to payers.</p> <p>3:30-4:15P Maximizing ASCs and Ancillaries</p> <p>Discuss best practices to build ambulatory surgery centers and ancillary programs optimized for pain management.</p> <p>4:15-5:00P Engaging with Private Equity</p> <p>Review the process for selling your practice, including step by step process for engaging with private equity.</p>	
5:30-6:30P	Event Lawn	<p>Welcome Reception - Get "LIT"</p> <p><i>*not part of the CME program, no CME credit available</i></p>	<p>Hosted by PSPS Leadership Immersion Track (LIT) and LIT Course Director: David W. Lee, MD</p>

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Thursday, October 3, 2024

Advanced Practice Providers (APP) Course

Course Directors: Denis G. Patterson, DO, and Jacqueline Weisbein, DO

Time	Location	Topic	Faculty
7:15-7:50A	Grand III & IV	Breakfast Symposium Sponsored by Platinum Sponsor Boston Scientific <i>*not part of the CME program, no CME credit available</i>	
7:50-8:00A	Salon 2	Opening Remarks	Jacqueline Weisbein, DO
8:00-8:40A	Salon 2	Introduction to Anatomy and Physiology of Pain	Jill Study, NP
8:40-9:20A	Salon 2	Step by Step Approach to Reading Spine Images	Conor Brown, PA
9:20-10:00A	Salon 2	An Algorithmic Approach to Pain Procedures of the Lumbosacral Spine	Ryan Hill-Falkenthal, PA-C
10:00-10:20A	Gallery	Break with Exhibits <i>*not part of the CME program, no CME credit available</i>	
10:20-11:00A	Salon 2	Chronic Pain after Surgery - What Patients Should Be Considered for Re-operation?	Brian W. Su, MD

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11:00-11:40A	Salon 2	Panel: Re-operate vs MIS vs Neuromodulation	Moderated by Denis G. Patterson, DO Panelists: Brian W. Su, MD, Patrick Buchanan, MD, Camilla Binks, APN, Jenna Abeloe, NP
11:40A-12:00P	Salon 2	Q&A With All Morning Faculty	Moderated by Denis G. Patterson, DO, and Jacqueline Weisbein, DO
12:00-1:00P	Grand III & IV	<p>Lunch Sponsored by Silver Sponsor Mainstay Medical</p> <p><i>Restorative Neurostimulation: Linking the Basic Science to the Clinical Outcomes</i> <i>David Lee, MD & Patrick Buchanan, MD</i></p> <p><i>*not part of the CME program, no CME credit available</i></p>	
1:00-1:40P	Salon 2	Novel Non-Medicinal Treatments to Help Chronic Pain	Theresa (Tracey) Mallick-Searle, MS, PMGT-BC, ANP-BC
1:40-2:20P	Salon 2	Use of Buprenorphine in the Setting of Chronic Pain	Camilla Binks, APN
2:20-3:00P	Salon 2	Managing Chronic Pain Patients with Co-Morbid Depression & Anxiety	Ravi Prasad, PhD
3:00-3:20P	Gallery	<p>Break with Exhibits</p> <p><i>*not part of the CME program, no CME credit available</i></p>	
3:20-4:00P	Salon 2	APP Approach to SCS and PNS in Spine and Pain Practices	Victoria Flower, NP-C

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4:00-4:20P	Salon 2	De-Mystifying Intrathecal Pain Pumps	Denis G. Patterson, DO
4:20-4:40P	Salon 2	Case Presentations	Jill Study, NP, Ryan Hill-Falkenthal, PAC, and Jenna Abeloe, NP
4:40-5:00P	Salon 2	Q&A With All Afternoon Faculty	Moderated by Denis G. Patterson, DO, and Jacqueline Weisbein, DO
5:00P	Salon 2	Closing Remarks	Denis G. Patterson, DO, and Jacqueline Weisbein, DO
5:00-5:30P	Salon I Terrace	APP Reception - Sponsored by Vertos Medical <i>*not part of the CME program, no CME credit available</i>	

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Friday, October 4, 2024

Plenary Session

Course Directors: Eric T. Lee MD, MD, Jason E. Pope, MD, Michael Y. Oh, MD, Ramo K. Naidu, MD, Namath S. Hussain, MD, MBA

Time	Location	Topic	Faculty
7:00-7:30A	Event Lawn	ESSENTRICS ® Exercise Class Sponsored by Silver Sponsor Mainstay Medical	Alane B. Costanzo, MD
7:30A	Gallery Foyer	Registration Opens	
7:45-8:45A	Grand III & IV	Breakfast Sponsored by Gold Sponsor Nalu Medical *not part of the CME program, no CME credit available	
8:45-8:50A	Grand III & IV	President's Welcome *not part of the CME program, no CME credit available	Michael Y. Oh, MD
Foundations for Success Critical First Steps			
8:50-9:05A	Grand I & II	Psychological Assessment: Not Just A Rubber Stamp	Ravi Prasad, PhD
9:05-9:20A	Grand I & II	Radiologist Review: What are we looking for?	Marin A. McDonald, MD, PhD
9:20-9:35A	Grand I & II	Terminology in Imaging	Marin A. McDonald, MD, PhD
Lumbar Procedures - Setting the Standard			
9:35-9:40A	Grand I & II	Welcome	Namath S. Hussain, MD, MBA
9:40-9:55A	Grand I & II	Best Practices: From Opioids to ESI to Laminectomy Timing	William F. Beringer, DO, FACOS
9:55-10:10A	Grand I & II	Facet Fusion and Interspinous Spacers: Why Is There So Much Confusion?	Steven M. Falowski, MD, FAANS
10:10A-10:25A	Grand I & II	Unique Interbody Grafts. The Evidence.	Michael J. Dorsi, MD

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10:25-10:40A	Grand I & II	Panel: Q&A	Moderated by Michael Y. Oh, MD Panel: Michael J. Dorsi, MD, Steven M. Falowski MD, FAANS, Namath S. Hussain, MD, MBA, and William F. Beringer, DO, FACOS
10:40-11:00A	Gallery	Break with Exhibits *not part of the CME program, no CME credit available	

Neurostimulation - Maintaining Success

11:00A	Grand I & II	Welcome	Timothy R. Deer, MD
11:00-11:15A	Grand I & II	SCS: Monitoring the Therapy	Eric G. Cornidez, MD, MBA
11:15-11:30A	Grand I & II	SCS: Are Indications All the Same?	David W. Lee, MD
11:30-11:45A	Grand I & II	SCS: Data for Newest Technologies	Kasra Amirdelfan, MD
11:45A-12:00P	Grand I & II	Dorsal Root Ganglion Stimulation: More Diverse than Ever	Drew Trainor, DO
12:00-12:15P	Grand I & II	Advantages and Challenges of PNS	Scott G. Pritzlaff, MD
12:15-12:30P	Grand I & II	PNS: Vagus Nerve and Other Targets	Peter S. Staats, MD, MBA
12:30-12:45P	Grand I & II	PNS for Low Back Pain	Einar Ottestad, MD, CIPS, FIPP
12:45-1:00P	Grand I & II	Panel: Q&A	Moderated by Timothy R. Deer, MD Panel: Rick M. Paicius, MD, Eric G. Cornidez, MD, MBA, Kasra Amirdelfan, MD, Einar Ottestad, MD, CIPS, FIPP, David W. Lee, MD, Drew Trainor, DO, Peter Staats, MD, MBA, Michael J. Dorsi, MD
1:00-1:55P	Grand III & IV	Lunch Sponsored by Platinum Sponsor Medtronic *not part of the CME program, no CME credit available	

Spectrum of Care Series: SCS and Surgery - Preparing the Patient for Success

1:55-2:00P	Grand I & II	Welcome and Case Presentation	Ramo K. Naidu, MD
2:00P-2:15P	Grand I & II	Opioid Algorithm in Procedure Planning	Bryan C. Hoelzer, MD, Pankaj Mehta, MD, Ravi Prasad, PhD, Brent Van Dorsten, PhD, Michael J. Dorsi, MD

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Intrathecal Drug Delivery/Cancer Pain Management

2:15-2:20P	Grand I & II	Welcome	Jason E. Pope, MD
2:20P-2:30P	Grand I & II	Latest on Intrathecal Care	Lawrence Poree, MD, MPH, PhD
2:30-2:45P	Grand I & II	Fundamentals for ITP Therapy: Dosing, Catheter Placement, and Troubleshooting	Michael S. Leong, MD
2:45-3:00P	Grand I & II	Interventional Treatments of Cancer Pain: Neurostimulation and Ablative Techniques	Jacqueline Weisbein, DO
3:00-3:10P	Grand I & II	Lisa Stearns Memorial Lecture	Paul Lynch, MD
3:10P-3:25P	Gallery	Break with Exhibits <i>*not part of the CME program, no CME credit available</i>	
3:25-3:30P	Grand I & II	Introduction of Keynote Speaker	Peter Staats, MD, MBA
3:30-4:00P	Grand I & II	Keynote Speaker: Access and Implementation: How Data Can Protect our Therapies	Neal Shonnard, MD

Spectrum of Care Series: Vertebral Compression

4:00P-4:05P	Grand I & II	Welcome and Case Presentation	Michael Y. Oh, MD
4:05-4:20P	Grand I & II	Compression Fractures Prevention and Management	Nick Jain, MD, Edward S. Yoon, MD, Douglas P. Beall, MD, Sharleen Sidhu, MD, MPH
4:20-4:30P	Grand I & II	Compression Fracture Prevention: The Pros and Cons of Newer Therapies	Sharleen Sidhu, MD, MPH

Research – Pushing the Frontiers

4:30-4:35P	Grand I & II	Welcome	Vafi Salmasi, MD
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4:35-4:50P	Grand I & II	<p>Presentation of Abstracts:</p> <ol style="list-style-type: none"> 1.) 4:35-4:40P Multi-Center Prospective Cohort of Intractable Chronic Low Back Pain Patients Treated with Restorative Neurostimulation – Outcomes from 5-Year Data 2.) 4:40-4:45P Trends in Post-Operative Complications for Lumbar Spinal Fusion from 2009-2022 3.) 4:45-4:50P Maximal Analgesic Effect Attained by the Use of Objective Neurophysiological Measurements with ECAP Dose-Controlled Closed-Loop SCS 	<ol style="list-style-type: none"> 1. David W. Lee, MD 2. Ryan Le, MD 3. Jason E. Pope, MD
4:50-5:05P	Grand I & II	Presentation by 2024 PSPS Scholarship Winner	Moderator: Ryan Mattie, MD, and Namath S. Hussain, MD, MBA Presenter: Michael Jung, MD, MBA
5:05-5:20P		Data in Action	Sandy Christiansen, MD Co-presented by Rosa Garcia, MD, and Daniel A. Jimenez, DO MPH

Diversity and Inclusivity – Access and Beyond

5:20-5:25P	Grand I & II	Welcome	Eric G. Cornidez, MD, MBA
5:25-5:40P	Grand I & II	Data on Disparities	Brittany Grovey, MD
5:40-5:55P	Grand I & II	Bias in Access to care?	Gemayel Lee, MD
6:00-7:15P	Event Lawn	<p>Diversity and Inclusion Cocktail Reception Supported by BIOTRONIK Neuro</p> <p>Efforts of PSPS Goals as a Society</p> <p>Physician Spotlight – Eric T. Lee, MD</p> <p><i>*not part of the CME program, no CME credit available</i></p>	All attendees and sponsors are welcome! Hosts: Brittany Grovey, MD, Gemayel Lee, MD, Eric G. Cornidez, MD, MBA
7:30-9:30P	Pendry Cabaret	<p>Faculty Dinner Sponsored by Platinum Sponsor Abbott</p> <p>7:30-7:45P - Check In</p> <p>7:45-8:00P - Presentation Sponsored by Abbott</p> <p>8:00-9:00P - Dinner Sponsored by Abbott</p> <p>9:00-9:30P - Social Hour (Spouses Welcome) Sponsored by PSPS</p> <p><i>*not part of the CME program, no CME credit available</i></p>	By invitation only

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Saturday, October 5, 2024
Plenary Session

Time	Location	Topic	Faculty
7:00-7:30A	Gallery Foyer	ESSENTRICS ® Exercise Class Sponsored by Silver Sponsor Mainstay Medical	Alane Costanzo, MD
7:30A	Gallery Foyer	Registration Opens	
Advanced Cervical & Lumbar Techniques			
8:00A	Grand I & II	Welcome	Michael Y. Oh, MD
8:00-8:15A	Grand I & II	Degenerative Disorders of Cervical Spine	Namath S. Hussain, MD, MBA
8:15-8:30A	Grand I & II	Is Endoscopic Spine Surgery Becoming a New Standard of Care?	Don Young Park, MD
8:30-8:45A	Grand I & II	Cervical Laminoplasty	Hansen Bow, MD, PhD
8:45-9:00A	Grand I & II	Coagulopathy and Hemostasis: From SCS to Fusion	Yu-Po Lee, MD
9:00-9:10A	Grand I & II	Panel: Q&A	Moderated by Michael Y. Oh, MD Panel: Namath S. Hussain, MD, MBA, Hansen Bow, MD, PhD, Don Young Park, MD, and Yu-Po Lee, MD
Innovations in Ultrasound			
9:10A	Grand I & II	Introduction	Ramo Naidu, MD
9:10-9:25A	Grand I & II	High-Intensity Focused Ultrasound as an Alternative to Radiofrequency	Michael Gofeld, MD, PhD
Regenerative Medicine			
9:25A	Grand I & II	Welcome	George C. Chang Chien, DO
9:25-9:40A	Grand I & II	Regenerative Medicine Primer for the Spine	Alane Costanzo, MD
9:40-9:55A	Grand I & II	Infusion Therapies: Novel Approach	Joshua Prager, MD
9:55-10:10A	Grand I & II	Future Directions: Where is Regenerative Medicine Headed?	Rahul N. Desai, MD
10:10-11:00A	Grand III & IV	Brunch Sponsored by Silver Sponsor SPR Therapeutics PNS Master Minds: SPRINT® PNS Edition <i>*not part of the CME program, no CME credit available</i>	

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Advocacy and Policy

11:00-11:15A	Grand I & II	2024 Advocacy Lecture: Noridian CPT LCD Mini Fellowship updates in Advocacy for PSPS	Michael S. Leong, MD
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Practice Management - How to Ensure Access to Care

11:15-11:30A	Grand I & II	Implementation of New Therapies	Gene Tekmyster, DO, MBA
11:30-11:45A	Grand I & II	Liability with Managing Patients on Long-term Opioids	Brent Van Dorsten, PhD
11:45A--12:00P	Grand I & II	Practice Guidelines Documentation Essentials	Jason E. Pope, MD
12:00-12:30P	Gallery	Break with Exhibits **Exhibitors welcome to tear down at the conclusion of this break <i>*not part of the CME program, no CME credit available</i>	

Spectrum of Care Series: Sacroiliac Joint Fixation and MIS Debate

12:30-12:35P	Grand I & II	Welcome and Case Presentation	David W. Lee, MD
12:35-1:05P	Grand I & II	Everything You Need to Know about SI Joint Fusion: Lateral Posterior and Oblique	Michael Y. Oh, MD, Denis G. Patterson, DO, Namath S. Hussain, MD, MBA
1:05-1:35P	Grand I & II	Panel: Complications in MIS <i>*not part of the CME program, no CME credit available</i>	Moderated by Jeffrey Roh, MD Panelists: Patrick Buchanan, MD, Ryan Mattie, MD, Joseph S. Cheng, MD, MS
1:35-1:50P	Grand I & II	Abstract Awards Presentation	Drew Trainor, DO
1:50-2:00P	Grand I & II	Meeting Close	Denis G. Patterson, DO
2:30-3:30P	Pendry Deck North	Closing Poolside Reception and Fundraiser Beneficiary: Project Giving Light LEARN MORE!	All Attendees Welcome!!
3:30-5:00P	SET PDR	PSPS Order of Business, Elections <i>*not part of the CME program, no CME credit available</i>	Board of Directors

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5:10-5:50P	SET PDR	Industry Meetings: 5:10-5:20P - Boston Scientific 5:25-5:35P - Medtronic 5:40-5:50P - Abbott <i>*not part of the CME program, no CME credit available</i>	Board of Directors
6:00P	SET PDR	Board of Directors Dinner	Board of Directors